

**ROCKDALE COUNTY SCHOOL NUTRITION  
MIDDLE and HIGH SCHOOL BREAKFAST MENU  
School Year 2023-2024**

**Meal Prices: Students: \$1.30 Adults \$2.35**

<b>NDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p><b>Choice of Entrée:</b></p> <p><b>Chicken or Sausage Biscuit or Fruit Parfait w/ Grahams or Glazed Pull Apart</b></p> <p><b>And</b></p> <p><b>Choice of: Fruit and/or Juice Milk</b></p>	<p><b>Choice of Entrée:</b></p> <p><b>French Toast w/Sausage or Fruit Smoothie w/ Grahams or Chicken Biscuit</b></p> <p><b>And</b></p> <p><b>Choice of: Fruit and/or Juice Milk</b></p>	<p><b>Choice of Entrée:</b></p> <p><b>BYO Grit Bowl with/ Cheese Grits, Scrambled Eggs &amp; Sausage Patty or Fruit Smoothie w/ Grams or Sausage Biscuit</b></p> <p><b>And</b></p> <p><b>Choice of: Fruit and/or Juice Milk</b></p>	<p><b>Choice of Entrée:</b></p> <p><b>Chicken or Sausage Biscuit or Fruit Smoothie w/ Grahams or Cereal Bar w/Yogurt</b></p> <p><b>And</b></p> <p><b>Choice of: Fruit and/or Juice Milk</b></p>	<p><b>Choice of Entrée:</b></p> <p><b>Rockdale's Famous Homemade Cinnamon Roll or Chicken or Sausage Biscuit or Fruit Parfait w/Grahams</b></p> <p><b>And</b></p> <p><b>Choice of: Fruit and/or Juice Milk</b></p>